



Ministry of Culture  
Government of India



राष्ट्रीय आधुनिक  
कला संग्रहालय  
NATIONAL GALLERY  
OF MODERN ART

## National Gallery of Modern Art, Bengaluru

(Ministry of Culture, Government of India)

in collaboration with Wellness Through Art Collective, invites you to

# Close Looking

Connect with art and yourself through guided reflection and the simple,  
restorative power of slow noticing



**7 & 8 February 2026 | Duration: 45 - 60 mins**

**Session 1: 11:30 AM – 1:00 PM | Session 2: 3:30 PM – 5:00 PM**

4 slots per day | Simultaneous sessions in two gallery spaces

at the **National Gallery of Modern Art**, #49, Manikyavelu Mansion, Palace Road, Bengaluru – 560052,  
Telephone: 080-22342338, [ngma.bengaluru@gmail.com](mailto:ngma.bengaluru@gmail.com), [www.ngmaindia.gov.in/ngma\\_bengaluru.asp](http://www.ngmaindia.gov.in/ngma_bengaluru.asp),  
[facebook.com/NGMABengaluru](http://facebook.com/NGMABengaluru), [x.com/NGMABengaluru](http://x.com/NGMABengaluru), [instagram.com/ngma\\_bengaluru](http://instagram.com/ngma_bengaluru)

**On weekdays: 10.00 AM – 6.00 PM | On weekends: 11.00 AM – 8.00 PM | Mondays and National Holidays closed**



Scan the QR code  
for registrations