INTERNATIONAL YOGA DAY
21st June 2019

Yoga is regarded as one of the most effective methods of establishing a connection between the body minds by Indian sages since time immemorial. It is a type of exercise that is performed through various postural methods to achieve the relaxation of body and mind. This ancient form of holistic healing got a formal recognition by the United Nations General Assembly on December 11, 2014. The UN General Assembly formally recognized 21st June as the World Yoga Day.

Indian Prime Minister Narendra Modi in his speech to the UN General Assembly suggested the date 21st June as World Yoga Day. The date holds special significance as it is the longest day in the northern hemisphere and is one of special two days when the rays of the sun directly hit one of the two tropical latitude lines.

CHILDREN’S THEATRE FESTIVAL

The National School of Drama and NGMA collaborated in organizing the Theatre Workshop for children. The past months, participants have been coming in and out to enhance and understand their respective plays with instructors. The whole campus had almost been given a new life – thanks to the participants bringing in the energy and inspiration for everyone. The hard work put in by the participants made sure that the performances were a roller coaster of emotions and feelings for the audience. The plays were based on Rabindranath Tagore’s work and have been a crucial tool in giving insight on the great artist’s life and understanding of life.

The workshops were divided into three age groups: 8-11 years, 11-13 years and 13-16 years. Children showcased their potential that could also compete with established theatre performers.

The creative activities of children culminated in the form of “Children’s Theatre Festival” of original performances, organized on 21st and 22nd and 23rd of June, 2019 at NGMA auditorium.

The change of the sun’s relationship with the planet bears a significant impact on the lives of the inhabitants of this planet, especially for people residing within eighteen degrees to forty-eight degrees north latitude, because this part of the earth gets the maximum impact in this shifting.

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NGMA is an upcoming Cultural Hub for everyone

Leisure Workshop and Music

Art Adda | Night at the Museum

Art Adda was organised on 28th June 2019. Participants are interacting and presenting their views and sharing experiences of being interns at NGMA and significance of internship at museum space. The concept of So-Ham - The First Cultural Media Platform of India, was also presented. Art Adda is organised on last Friday of every month.

The Union Minister of State for Culture and Tourism (IC), Shri Chefminister Prahlad Singh Patel during Inaugural function.

>> READ THE FULL ARTICLE ONLINE AT www.ngmaindia.gov.in

The artists brought a traditional technique and made every participant join them on their venture to revive the dying art form.

Art Workshop for Specially Abled

Aimed to connect with art in a way that art isn’t just therapeutic but also lets them translate their thoughts into masterpieces.

Madhubani Art

Workshop to blend traditional and contemporary practices, conveying stories during this workshop.

Art of Weaving

A workshop conducted by traditional weavers allowed people to connect to the deep roots India has in this art form.

Life Study Workshop

This workshop focused on making people understand the importance of the human anatomy in painting and drawing.

From the Treasure of National Gallery of Modern Art.

Art: Biren De
Title: June 78/ Medium: Oil on Canvas
Acc. No - 11659 / Size: 182.8x122 cm

Biren De was Modern & Contemporary painter who was born in 1926. He was known for his paintings of glossy geometric, symmetrical patterns with brilliant shining effects against a dark backgrounds. De’s use of and other geometrical signs has tone of Hindu and Tantric Buddhist symbolic representation of the male and female energies. The prevalent discourse tags his artworks with the “Neo-Tantric” label. However he was not comfortable with such tags and believed: “I am an agnostic... I don’t talk about these [Tantric] things, but I know about energy.”

“My paintings, I believe, are organic examples of the total me; of what I am and what I would like to be: a continuous striving, and therefore, a struggle, to put the shattered pieces together and make a composite whole. My guideline is oscillation between two points: between the peace of a graveyard and the peace of the Centre of the sun. Either way there is no END, no finitude.” Biren De

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The major highlight was a group of medical students and doctors, who were intrigued to see the art-works and the on-going exhibitions. The evening started with a tour of the new exhibition, titled “Astitva: The Essence of Prabhakar Barwe” moving on to the permanent gallery. In the permanent gallery, the visitors had a close rendezvous with the masterpieces of National Gallery of Modern Art.

“Astitva: The Essence of Prabhakar Barwe”, on public view.

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“Spreading essence of the hot shot of Indian contemporary arts, the Exhibition ASTITVA: The Essence of Prabhakar Barwe,” on public view.

Check out the Tweet @ngma_delhi | https://twitter.com/ngma_delhi

Naimisa represents a sacred place, where people offer shraddha. The workshops create a similar space where participants create and learn from their peers. The workshops showed that NGMA, Delhi is an upcoming cultural hub for everyone whether they are an artist or an art lover. The workshops were not only a place to enjoy summer as a six year old but also a place to reignite the kindle of youth for grandparents.

The workshops was also an excellent way of creating long lasting relationships not only between the participants and artists but also with NGMA and its wide range of artworks.

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