

# Ministry of Culture is celebrating International Yoga Day 2020 by organising a campaign Namaste Yoga from 19th to 21st June, 2020

## Shri Prahlad Singh Patel urges all to join him in Surya Namaskar on International Yoga Day 2020 by using #10MillionSuryaNamaskar and #NamasteYoga

Posted On: 20 JUN 2020 1:50PM by PIB Delhi

Union Minister of State for Culture & Tourism (Independent Charge) Shri Prahlad Singh Patel said that on the occasion of International Yoga Day (21st June 2020) he will perform Surya Namaskar at Purana Qila and urged everybody to join him in performing Surya Namaskar from their homes. Shri Prahlad Singh said that Prime Minister Shri Narendra Modi has given the gift of Yoga Day to the world and we should practice Yoga in our daily life.

Shri Patel posted a video message on social media and urged all to post their Surya Namaskar video by using #10MillionSuryaNamaskar & #NamasteYoga on social media platforms so that it can become a public movement which will create health awareness among fellow citizens. Culture Minister's message is getting huge response on social media. He hoped that around 10 million people will join him in performing Surya Namaskar on International Yoga Day 2020.

Ministry of Culture is Celebrating International Yoga Day 2020 by organising a campaign Namaste Yoga from 19th to 21st June, 2020 to achieve the goal of making yoga an indispensable part of everyone's life.

\*\*\*\*\*

**NB/AKJ/OA**

(Release ID: 1632858)