











## National Gallery of Modern Art, Bengaluru

(Ministry of Culture, Government of India) in collaboration with

Indian Council for Cultural Relations
(Ministry of External Affairs, Government of India)

and
Gandhi Centre for Science and Human Values

celebrating 150th Birth Anniversary of Mahatma Gandhi invites you to the slide talk presentation

## The Spiritual Heritage of India

by Ambassador (Retd) Alan Nazareth, former DG(ICCR)

followed by a 45 minute Bharatanatyam dance presentation by **Yamini Muthanna**, Artistic Director of "Kalasinchanam Yogasthala Ancient Arts Trust" (KYAAT)

India has a unique status in the sphere of religions. Four on the World's great religions – Hinduism, Buddhism, Jainism and Sikhism – were born in India; four others – Judaism, Christianity, Islam and Zoroastrianism have come to it over thousand five hundred years ago and have flourished in it. The core concepts of each of these religions and their contributions in diverse fields to India and the world over the last many centuries will be presented in this lecture.

## on Friday, 28th June 2019 at 6.00 pm

at the auditorium,
National Gallery of Modern Art,
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Yamini Muthanna Is a reputed Bharatanatyam dancer who has been trained by the revered Guru, Dr.Vasundhara Doraswamy. She is a recipient of the "Natya Kala Vipanchee" title awarded by Music and Dance Academy of Chennai and "Shrigaramani" title of Birla Arts Kendra, Mumbai. She is a "Top Grade" Doordarshan artist and has been empanelled as such by the Indian Council for Cultural Relations (ICCR). Sponsored by the latter. she has presented Bharatanatyam performances in various cities of USA, UK, Malaysia, Fiji, and Australia.

Yamini is also an accomplished Yoga exponent. She studied it under the renowned Yoga Visharadha Sri BNS Iyengar and runs a yoga school in Bangalore called Yogastala. She has conducted yoga workshops in London, New York, Washington, and Los Angeles. She has authored a widely acclaimed book, titled 'The Power of Yoga'. which is available worldwide in English and Chinese on Amazon.com. She features in Andrew Eppler's documentary on Mysore Yoga Traditions

